



NBTA

New Brunswick
Teachers' Association

High School Council Day



Stronger Together

High School & Phys. Ed. Specialist Program

Friday, May 3, 2024
Harrison Trimble High School, Moncton



Schedule

Thursday, May 2nd - Evening

- Social: High School is excited to announce they've reserved the **Old Triangle Alehouse** in Moncton exclusively for teachers attending High School Council Day. Please join us Thursday evening from 7pm til midnight to kick off Council Day with Shane Douthwright's band, **The Road Kings** at The Old Triangle Alehouse!

Friday, May 3rd - Council Day

8:30 am	Scanning at Main Entrance
8:00 am - 3:00 pm	Exhibitors in Cafeteria
9:00 am - 3:30 pm	Full Day Sessions
9:00 - 10:00 am	Divided A Sessions
9:00 - 11:30 am	Half Day AB Sessions
10:30 - 11:30 am	Divided B Sessions
11:30 am - 1:00 pm	Lunch / HSC AGM
1:00 - 3:30 pm	Half Day CD Sessions
1:00 - 2:00 pm	Divided C Sessions
2:30 - 3:30 pm	Divided D Sessions

The NBTA High School Council would like to acknowledge and respect that we will be gathering in the unceded, unsundered territory of the Mi'kmaq people. These people who welcomed English and French speaking settlers and taught them how to survive in their territory based on their relationship with the land, nature, and mankind that continues to this day. The Mi'kmaq Nations, who have inhabited this land since time immemorial, signed Treaties of Peace and Friendship with the British Crown beginning in 1725, which were upheld by the Government of Canada in the Constitution Act of 1982. These treaties did not deal with the surrender of land but established the rules for ongoing coexistence and partnership between nations.

High School Council Annual General Meeting — NBTA High School Council AGM will be held in the Learning Commons from 11:30 am – 1:00 pm. Teacher Recognition Awards will be awarded at this time. Please note: the NBTA High School Council AGM is separate and apart from your NBTA Branch AGM.



Registration

To register, please visit the NBTA website at www.nbta.ca on April 1st and click on the Council Day button and follow the High School Council registration link.

You will need your NBTA member number to register. If you have forgotten your number - there is a member number retrieval system on the site. Once you enter your member number, all of your personal information (name, school, address, etc.) will be entered automatically.

Effective May 2009, Council Day registration costs became a benefit of membership. Effective September 2010, Substitute Teachers became Casual Members of NBTA.

Fees for Non-Members — School-based:\$40; Non-School-based: \$75.

Refund Policy — Due to the fact that many of our costs are incurred in advance, there will be no refunds.

Student Interns — Although non-members, all student interns are provided complimentary on-line registration.

Scanning/Bar Code — Scanning will take place at the main office doors and at the front doors along Echo Drive. Please only use these two entrances to ensure we scan everyone who attends.

Nutrition Break — The nutrition break will be held in Harrison Trimble's gym. There will be gluten free options.

Awards — High School Council believes that all teachers do a wonderful job, however, there are always those teachers in each school who are considered to be exceptional by their colleagues. The Council wishes to acknowledge these extraordinary teachers with Teacher Recognition Awards. Winners will receive a certificate/plaque, an honourarium and their picture in the NBTA News. Please consider nominating teachers who have shown a substantial positive contribution to any or all of the following: School Environment; School Spirit; Student Learning Opportunities; Teacher Morale; Individual Student Development; Professional Activities.

Prizes — There will be two opportunities for prizes on Council Day. Multiple names will be randomly pre-drawn and notified by email that they have won. Winners can visit the prize table (in the lobby outside of the Main Theatre) on the morning of Council Day to choose their prize. Five large prizes will be given out at the AGM from 11:30 am - 1:00 pm. Must be present to win.

Exhibitors — 8:00 am - 3:00 pm in the foyer outside the theatre at Harrison Trimble High School.

Volunteers — Student helpers will be on site from HTHS' Grad Council to assist participants during this event.



Keynote: Jodi Carrington

Teachers These Days: Nurturing the Heart of Education

A-01: 9:00 - 10:00 am Main Theatre

Reignite: Building Resilience in the Age of Burnout

C-03: 1:00 - 2:00 pm Room 211



Jody delves into the essence of “Teachers These Days”, a manifesto that celebrates the transformative role of educators in the modern world. At its core, this talk illuminates the profound impact of teaching with empathy, courage, and commitment amidst challenges like trauma, loss, and societal upheaval. Jody blends inspiring stories with practical strategies, to act as a beacon for educators seeking affirmation of their invaluable role in not just imparting knowledge, but in shaping compassionate, resilient future generations. Rediscover the power of connection, resilience, and the enduring influence of teachers in rebuilding a stronger, more empathetic education system.

Dr. Jody Carrington is a renowned psychologist sought after for her expertise, energy and approach to helping people solve their most complex human-centered challenges. Jody focuses much of her work around reconnection – the key to healthy relationships and productive teams.

A speaker, author, and leader of Carrington & Company, she uses all she has been taught in her twenty-year career as a psychologist to empower everyone she connects with. Jody has worked with kids, families, business leaders, first responders, teachers, farmers and has spoken in church basements and world-class stages; the message remains the same – our power lies in our ability to acknowledge each other first.

Her approach is authentic, honest and often hilarious. She speaks passionately about resilience, mental health, leadership, burnout, grief and trauma – and how reconnection is the answer to so many of the root problems we face. Her wildly popular book, *Kids These Days*, was published in 2019 and has sold 150,000 copies worldwide. Jody’s message is as simple as it is complex: we are wired to do the hard things, but we were never meant to do any of this alone.

With a Ph.D. in clinical psychology, work with major institutions and thriving clinical practice, she brings a depth of experience and insight that is unmatched in the industry.



Keynote: Normand Hector

CD-04: 1:00 - 3:15 pm

Managing Diversity Equity and Inclusion Today
Room 220 Learning Commons



Normand Hector is a leader known for his enthusiastic commitment for driving positive outcomes, he is motivated by the mission of awareness, respect, and progression. With a strong background in corporate sales and team building for over 30 years, he recognizes the importance of dedication, service, and excellence. In 2016 he was awarded the prestigious Inuk Shuk award for community impact involvement and leadership. Normand has presented with an impact, diversity inclusion and equity with top companies and organizations like Moosehead Breweries, Wyndham Worldwide, YMCA , Black Lives Matter , Saint John Welcome Center and Lawson & Creamer Law Firm to name a few. Normand met with hockey coaches in New Brunswick in 2020 by presenting and delivering the value of his “ Listen To Learn “ and not “Listen To React” message.

Diversity Inclusion and Equity is a conversation that needs to continue to happen by delivering his unique skills talents experiences and perspectives. Bringing focus on ensuring equal opportunities for all, challenge and respond to the BIAS discrimination and harassment. More importantly making sure that all voices are heard and considered. His mandate is to change mindsets with his “ everyone belongs and feels valued “ attitude.



Keynote: Maria Morehouse

STRIVE

B-16: 10:30 - 11:30 am Main Theatre

Reconnecting for wellness!

C-17: 1:00 - 2:00 pm Room 217



Life unrestricted. After YEARS of being heavily engulfed in diet culture personally and professionally, Maria Morehouse is passionate about showing people that they CAN absolutely live their life in an authentic, and balanced way! A life without diets, still prioritizing health, without compromising their happiness, and freedom. You do not have to live in the gym to get in your daily workout. We live in a society where diet and fitness culture messaging is not whispering, its screaming at us. Eat this and not that, that we should certain way, and to do it a certain way. My goal is to have people be able to live a life then love, look at things with reason, no restriction. To be able to trust and know that nutrition and live an active lifestyle does not have to be complicated or stressful. It is about balance.



Keynote: **Dr. Ashley Margeson**

CD-06: 1:00 - 3:30 pm

From Burnout to Brilliance: Strategies for Educator Well-Being
Harrison Trimble High - Theatre



Dr. Ashley Margeson ND believes that we are in desperate need of a Self-Care Revolution. With a strong focus on women's health, hormone management, fertility and burnout, Dr. Ashley believes that the best wellness strategies take into account your current season of life, and they should be built with success and feasibility in mind.

Dr. Ashley is the host of one of Atlantic Canada's top podcasts, The Superwoman Code – currently in its sixth year of offering health and wellness support to listeners. In every episode, she empowers busy individuals to take control of their health, ensuring it works for them, not against them. Her expertise and insights have garnered widespread recognition, with features in respected publications like The Globe and Mail, Forbes,

Cosmopolitan Magazine, Business Insider, Parents Magazine, and Shondaland. She's also a regular contributor to Global and CTV Morning Live.

When she's not in the clinic, Dr. Ashley is dog-mum to Loki (a very energetic ducktoller!), and full-time step-mom to Caleb and Elise. Beyond that, she is a sought-after speaker and a health and wellness consultant, helping companies and organizations create effective Burnout Prevention and Wellness Strategies for their workplaces.

Dr. Ashley Margeson ND embodies the essence of professional excellence with an approachable and bright outlook, making wellness a joyful journey for all.



Keynote: **Matthew Martin**

C-04: 1:00 - 2:00 pm

D-03: 2:15 - 3:15 pm

Equity, Diversity, Inclusion and Accessibility Practices in trauma Informed Classrooms Harrison Trimble High - Room 115



Matthew Martin is part of Black Lives Matter New Brunswick (BLMNB) focuses on empowering Black communities and dismantling systemic barriers that our Black communities face. Currently, we have been working with our New Brunswick school districts on educating students and staff about racism and systemic racism and providing critical resources to teachers to help them talk about racism and to be critical about the systems that have been built by colonization. BLMNB, with community partners, has also established a youth program that has had a significant impact on Black youths and their families across the province.

Alongside these initiatives, BLMNB advocates for the inclusion of Black History into the New Brunswick School curriculums, a public inquiry into systemic racism in New Brunswick and the criminalization of racial discrimination. Furthermore, BLMNB advocates for Black community members when they face injustices.



Full Day Sessions 9:00 am - 3:30 pm Harrison Trimble High School

F-01 Bricklaying

Virgil Graham

HTHS Construction Shop

Skilled Trades Learning Specialist EECD

This session will allow participants to learn techniques used in the bricklaying trade. Special emphasis will be placed on hands on projects that can be used in Introduction to Skilled Trades 110 or Residential Finish 120. **Participants should wear CSA approved safety boots and clothing suitable for working with concrete block, brick and mortar.**

F-02 Forward Facing® Freedom for Educators

Jeremy Quiring

HTHS 227

School Counsellor - ASD-E Child & Youth MHS Cluster

Helping Others Doesn't Have to Hurt. The evidence is undeniable: Educators are some of the hardest-working and underappreciated professionals on earth, a truth highlighted by the epidemic proportions of compassion fatigue and burnout occurring across the field. There's no doubt that educators are purpose-driven, passionate helpers of children, families, and their communities, but with a never-ending list of responsibilities and reductions in many school resources year after year, the suffering and stress involved are fast outweighing the resilience reserves of so many. With Forward-Facing® Freedom for Educators is based on two books: Forward-Facing® Freedom by Eric Gentry and Jenny Brackman and Forward-Facing® for Educators: A Journey to Professional Resilience and Compassion Restoration - co-written by long-time educators Cheryl Fuller and Rebecca Leimkuehler alongside trauma expert and Forward-Facing® Institute founder Dr. J. Eric Gentry, this book teaches and validates the distinct challenges of being an educator today, while putting the power of personal healing and restoration firmly back in your hands—where it belongs. This workshop can help an educator envision each school day characterized by physical and mental comfort no matter what happens, as you work and live in accordance with your values and goals, and enjoy social connections and self-care practices that nourish, support, and give you a deep sense of peace and fulfillment. Forward-Facing® Freedom for Educators Workshop will provide skills to have the potency to begin your personal and professional transformation from perceiving danger in your workplace and suffering under symptoms of burnout and toxic stress to working in the increasing perception of safety and internal locus of control and re-envisioning your personal and professional mission that made you want to be a teacher in the first place. **Participants should bring a pen or pencil, paper for notes, and the option, which is not necessary in order to take the course, to purchase either Forward-Facing® Freedom (J. Eric Gentry, Ph.D. and Jenny Brackman) or Forward-Facing® for Educators (Cheryl Fuller, Rebecca Leimkuehler, and J. Eric Gentry, Ph.D.).**



F-03 Sea Kayaking and Hiking/Biking

Shaun Gibbs

Outdoor Education Teacher, Riverview High School

Bennett Lake, Fundy National Park

Joel Fogarty

Outdoor Ed and Art Teacher, Swift Water Rescue and Sea Kayaking Instructor

This hands on activity day will be showcasing Sea Kayaking and either hiking or fat biking as Extra/Co-curricular trip activity to help reach the goals of the curriculum. Based out of Fundy National park this session is aimed at Outdoor Educators. **Please dress for the activities and the weather of the day as well as bringing a change of clothes for the second activity. Both sessions are active**

F-04 Meditation in Nature

Charlotte Love

Yoga and PE Teacher

Bennett Lake, Fundy National Park

Meditation does not need to be done sitting on the floor in total silence. This approach can be very difficult for some. This session will explore the power of meditation when the body can move quietly through nature connecting to the energy of the forest. (This session involves a 7km hike). **Participants should bring a yoga mat, small day pack warm clothing, water and bag lunch.**



Half Day Sessions - Morning 9:00 - 11:30 am Harrison Trimble High School

AB-01 Shediac Solar Farm Site Visit

Warren Coombs

Shediac Solar Farm: meet outside the Main Office Doors at HTHS

Lead for the Centre of Excellence for Energy (Saint John - Hybrid Location)

Interested science teachers are invited to join a tour of the solar initiatives that have been developed in the town of Shediac. Come see and discover how these initiatives are helping NB reach Net Zero 2030 targets.

AB-02 Breaking the Generational Cycle of Childhood Trauma

Michael Ketchum

HTHS 103

Counsellor/Consultant

Are the impacts of childhood trauma showing up in your daily living? Childhood trauma can impact people for a lifetime if it is not examined. In this session Michael will share from his personal experience and research how to heal from childhood trauma to allow you to lead a more authentic life. Based on the extraordinary work and research of Dr. Gabor Mate on addictions and trauma, he has developed a process that will allow people to free themselves from the lifelong impact of childhood trauma. Michael will demonstrate how you can heal from the impacts of childhood trauma as he has and live a life true to your essence, to be the person/teacher you were born to be.

AB-03 Power Up Your Pedagogy with Instructional Design

Carolyn Wagner & Marcia Franklin

HTHS 310

Instructional Designers, EECD

Looking to elevate the experiences you create in your classroom? The world of instructional design has much to offer classroom educators. This immersive session will equip teachers with practical tools, tips, and tricks instructional designers use every day. From designing compelling hooks to incorporating interactive activities, choice, and student voice, we'll explore proven methodologies that enhance student engagement and success. Power up your teaching game with principles of instructional design—because impactful education begins with thoughtful design!



AB-04 Manie Musicale- French Song competition

Julie Beyea

HTHS 313

Teacher, Tantramar Regional High School

Are you looking for ways to engage your French Immersion students? Do you struggle to find ways to integrate Francophone culture in your lessons in a meaningful and fun way? This session is for you! Manie Musicale is a French song competition where students vote on their favorite songs from a field of sixteen to crown the winner of Manie Musicale. Last year, over 450 000 students worldwide participated in Manie Musicale! The songs are chosen from French-speaking artists from around the world and are all current popular music. Come and learn about how you can incorporate Manie Musicale in your classes and how it can help support and enrich the curriculum you are teaching. **Participants should bring a laptop, if available.**

AB-05 Ideation and 3D printing (Current Generation Part 1)

Ian Fogarty

Riverview High School: meet at office doors

Teacher, Riverview High School / Brilliant Labs

Bring purpose and real life context to the design projects in the new Science 9 (Earth and Human Activity) , Science 10 (Electric Circuits and Electrification) and Tech 9 (Design Thinking, Manipulation of Materials). This morning session will demonstrate ideation strategies that can be used in the classroom to make 3D printed LED lights for our global friends living in light poverty. The session will finish by designing and 3D printing the final designs. While this is a stand alone session that runs through the phases of Design Thinking, the afternoon session on soldering is the next step in the www.currentgeneration.org process. **Participants may attend this half day session or as part of the whole day at Riverview High School.**

See session CD-02 for Part 2

AB-06 Hopeful Transitions

Mariam Parekh

HTHS-307

Career Coach, Kennebecasis Valley High School

Transitions are a part of that journey. Transitions happen when we move from one major milestone to another. Hopeful Transitions support the transition from middle school to high school and from high school to post-secondary life. These moments can bring about many changes and challenges, but careful preparation can make these sometimes-overwhelming periods hopeful. **Participants should bring laptops and pens.**



Phys. Ed. Half Day Session Riverview East School

AB-07 Forestry and Environmental Management Experiential Learning
Michelle Gary Riverview East Portable 1/Field B
Outreach/Recruitment Team, Faculty of Forestry and Environmental Management, UNB

During the half-day session, multiple stations will be set up, participants will learn different techniques for measuring and collecting environmental data related to forestry, water resource management, and wildlife conservation, through activities led by a representative from the ForEM Recruitment Team. We will break into smaller groups and participants will rotate through the stations. Within this session, we will provide an overview of the post-secondary degree programs that ForEM has to offer to graduating students. If you teach a science-related class, this is a perfect opportunity to explore our experiential learning and discover what the ForEM faculty has to offer. **Participants will need to wear weather-appropriate outdoor wear (ex: boots, rain jacket, sunscreen) and bring a water bottle/snack.**

AB-08 Physical Literacy and Physical Activity Opportunities - Go NB Grant

Cindy Levesque, Greg Evans, and Sabrina Durepos Riverview East Class 3
Provincial Sport and Recreation Consultants

In this half day session, our presenters and special guests will take you through a journey exploring the Physical Activity Strategy, the new Canadian Sport Policy, and the influences of these on the Go NB Grant criteria and guidelines. We look forward to exploring how we can support efforts for increasing physical literacy/physical activity, discuss new emerging opportunities, and share success stories of existing programs and services.



Divided A Sessions 9:00 - 10:00 am Harrison Trimble High School

A-01 Teachers These Days: Nurturing the Heart of Education

Jodi Carrington

HTHS Main Theatre

Keynote Speaker

Jody delves into the essence of “Teachers These Days”, a manifesto that celebrates the transformative role of educators in the modern world. At its core, this talk illuminates the profound impact of teaching with empathy, courage, and commitment amidst challenges like trauma, loss, and societal upheaval. Jody blends inspiring stories with practical strategies, to act as a beacon for educators seeking affirmation of their invaluable role in not just imparting knowledge, but in shaping compassionate, resilient future generations. Rediscover the power of connection, resilience, and the enduring influence of teachers in rebuilding a stronger, more empathetic education system.

A-02 Trafficking in NB

Sgt. JP MacDougall

HTHS 217

RCMP

In this session we will learn from RCMP member JP MacDougall about trends in sex trafficking in New Brunswick. We have been actively working to support the education system in creating safer communities for our youth.

CANCELLED

A-03 NB Teachers' Pension Plan - 10 Years After Reform

Larry Jamieson

HTHS 211

Chair, New Brunswick Teachers' Pension Plan Trustees

“NB Teachers' Pension Plan – 10 Years After Reform” will provide an overview of why the Teachers' Pension Plan needed to be reformed in 2014, how it was reformed, and the status of the plan 10 years after reform. Some topics covered will include: Context of Reform, Plan Design.

A-04 Cultural Sensitivity Resource for Educators

Kateryna Omelianchenko

HTHS 210

Project Coordinator, New Brunswick Multicultural Council

New Brunswick Multicultural Council's Educational Resource for New Brunswick Educators offers firsthand insights from newcomers, providing valuable perspectives and experiences to enhance understanding and inclusivity. **Participants should bring a laptop.**



A-05 FASD 101

Michel Sewell

HTHS 212

Regional Community Coordinator - NB FASD Center of Excellence

FASD 101 provides an overview of how fetal alcohol spectrum disorder occurs, it's prevalence in this province, common symptoms associated with an FASD diagnosis, and strategies that can help! This presentation will clear up some common myths about FASD, provide information on how to make a referral to the NB FASD Centre of Excellence, and start a conversation on how you can get involved and spread awareness on FASD. **Participants should bring paper, a pen to take notes, phone to take photos of slides.**

A-06 Mindfulness and Self-Compassion for School Counsellors

Angela D'Entremont

HTHS 201

Julie LeGresley

Practical strategies in mindfulness and self-compassion to support School Counsellors and their mental well-being.

A-07 The Long arm of Trauma - Understanding the Effects of Traumatic Stress on Students' Behaviour

Todd Cormier

HTHS 309

Coordinator for School Counselling & ISD Processes, ASD-S

Trauma-Informed Schools - Shifting Judgement to Curiosity. Trauma is real and prevalent especially in our priority neighborhoods. Trauma is toxic to the brain and affects learning/development in multiple ways. In this presentation we learn the impact of ACE's, how the brain works in the classroom when under stress.

A-08 Violence Threat Risk Assessment - Refresher Session

Darren Oakes

HTHS 311

EECD Acting Director of Integrated Service Delivery

Andrew Culberson

EECD School Counselling and Mental Health Education Support Services

Participants will review VRTA protocol and discuss various areas from the provincial, community, and school lenses. We will discuss the role of the school VTRA team and advancements to the process.

Phys. Ed. A Sessions Riverview East School

A-09 Throwing and Bowling Games

Tayne Moore

Riverview East Gym 1

Teacher, Barkers Point Elementary School

This session will consist of a variety of throwing and bowling activities that you can immediately take back to your schools and use with your students. The activities will focus on the overhead, underhand throws as well as bowling (rolling a ball). This hodge podge of throwing activities will have something for every teacher to bring back to their students.



A-10 Let's Play!

Jon Lim

Riverview East Gym 2

Physical Education Lead, ASD-W

Marcus Dolliver

Elementary Physical Education Specialist

During this active session, presenters will introduce a variety of low-organized games. Let's have some fun! **Participants should bring indoor footwear/gym sneakers.**

A-11 Teaching Roles, Responsibilities and Positions within PE Invasion Games

Patrick Gauthreau

Riverview East Gym 3

Teacher, Riverview Middle School

This session will lead participants through a progressive approach to teaching roles, responsibilities and positions of players within PE invasion games. Students will reflect on strategies that can be transferred to other invasion games, such as soccer, basketball, hockey, and football. **Please dress in comfortable athletic wear.**

A-12 Real World Computer Guide through Experiential Storytelling

Ian Smith

Riverview East Field A

Retired Parks NB Program Manager

The Real World Computer guide book introduces participants to NB nature through experiential activity and storytelling. Environmental stewardship is introduced and explored as a group. Come move, laugh and learn together! **repeated in C-18**

A-13 Growing Healthier Learners with the Heart and Stroke Foundation

Hannah Kindred

Riverview East Class 1

The Heart and Stroke Foundation of New Brunswick

The Heart and Stroke Foundation of New Brunswick offers two school programs to help grow healthier learners within our province. Jump Hop for Heart and Heart Healthy Schools are tried and true programs that have become a rite of passage for thousands of students each year. These programs primarily target the K-5 age range. Join us to learn how easy these programs are to implement in your school, and how the life-saving information they provide can benefit your students.

A-14 Micro:bit projects in the PE Classroom

Leah O'Keefe

Riverview East Class 2

Teacher, Nashwaaksis Memorial School

Learn about the versatility of Micro:bits and how they can be used to enhance learning in the Physical Education classroom. See how students have been using this technology in project-based activities, classroom competitions and to collect and analyze data. We might even let you try!



A-15 Shediac Solar Farm Initiatives

Warren Coombs

HTHS 308

Lead for the Centre of Excellence for Energy

Interested teachers are invited to join a presentation on the solar initiatives that have been developed at the Shediac's Community Solar Farm. This project is NB Power's first grid-connected, 1.63 MW solar farm that is designed to provide clean energy to town infrastructure and to provide excess back to the community. Projects like this a key are a key pillar in achieving New Brunswick's Net-Zero targets. Knowledge of facilities like this is key to bringing local relevance to topics of energy, climate change, and emerging careers in New Brunswick's energy sector.

Virtual A Sessions

9:00 - 10:00 am

AV-01 Creativity, Potential and the Art of Teaching

David Myles

Virtual

Keynote Speaker

To me, teaching is the art of potential: recognizing potential and working towards realizing that potential. And in every case, for every student, it looks a little different. That is a massive challenge, and I commend teachers enormously for taking it on day after day. In this session, I want to talk about how that process of discovering the unique path towards the realization of potential holds essential similarities to how I view the creative process and, in particular, songwriting.

AV-02 Perfectionism – The Desire to be the Perfect Teacher

Ronna Gauthier

Virtual

Teacher Counsellor

Many teachers struggle with perfectionism. The inability to attain perfection as an educator can lead to feelings like inadequacy, frustration, and a lack of fulfillment. Attend this session with teacher-counsellors Ronna Gauthier & Amanda Shortall. Learn more about perfectionism, why the profession attracts perfectionists & how they are impacted, and what you can do to take some of the pressure off.

AV-03 Introduction and Overview of the New Professional Learning Hub

Nick Good

Virtual

EECD

Explore professional learning opportunities and resources from Anglophone School Districts, NBTA, EECD, AEI, and other educational partners. The PL Hub is designed to provide you with access to a wide range of professional learning opportunities, resources, and tools to help you enhance your professional practice. <https://plhub.nbed.ca/> **repeated in BV-01**



AV-04 Violence Threat Risk Assessment - Refresher Session

Darren Oakes

EECD Acting Director of Integrated Service Delivery

Andrew Culberson

EECD School Counselling and Mental Health Education Support Services

This session is part of the School Counsellor Track, which is focused on the four scopes of practice for school counsellors in New Brunswick: Mental Health, Social-Emotional Learning, Academic, and Career-Connected Learning. Participants will review VRTA protocol and discuss various areas from the provincial, community, and school lenses. We will discuss the role of the school VTRA team and advancements to the process.

Virtual



Divided B Sessions 10:30 - 11:30 am Harrison Trimble High School

B-01 Unlocking Mathematical Engagement

Kim Pringle

ASD-E Numeracy Lead Teacher

HTHS 101

Beth Doiron

The primary goal of our workshop is to showcase effective classroom routines that foster a learner-centered approach. We will delve into the structure of a math class, focusing on the critical elements of warm-up routines and learning activities that promote instruction, discourse, guided practice, and problem-solving tasks. We will introduce and discuss methods developed by renowned pedagogues that serve as springboards for mathematical creativity in the classroom by having participants actively engage in a model lesson where they will rotate through a curated collection of activities. Attendees will leave the workshop with a comprehensive bank of activities that they can readily implement in their own classrooms. **Participants should bring an electronic device.**

B-02 Tier 1 Meetings - ESS meetings re-imagined

Christina Barrington

HTHS 107

Jillian Wilton

Inspired by the Collaborative Response Framework developed by the Hewsons, and driven by data collected from the staff, Saint John High School undertook an adjusted ESS team meeting model in 2022-2023. During preparation periods, bi-weekly, teachers would give 30 minutes to a Tier 1 meeting in the staffroom. The staff gathered represented a cross section of subject expertise and years of experience. Chaired by one of the EST-R's, the model required staff to share successes, challenges, and contribute solutions. Come learn how this simple model has established relationships and increased capacity in the building. Outcomes of this process, resources used to facilitate our meetings, as well as lessons learned will be shared with session participants.

B-03 Engaging your students using virtual tools

Jill Eckstone

HTHS 211

AP Champion ASD-S

Struggling to get students engaged? Having a hard time getting students to respond to questions? No time to make up a test? I have the tools to help you! **Participants should bring a laptop.**

B-04 Pre-Apprenticeship Initiatives

Sandee Goulding-Harnum

HTHS 117

Pre-Apprenticeship Coordinator, EECD

Career Path Development in Skilled Trades and Manufacturing throughout New Brunswick. Making that connection with Students, Teachers and Employers.



B-05 Neil Squire AT Services and Supports

Rebekah Cant

HTHS 212

Neil Squire

Neil Squire support for student (K-12). Neil Squire staff will share their role in supporting students (K-12), parents, Teachers, EA's as well as supportive educational professionals. They will outline the referral process, AT Consultations, Assistive Technology Assessments, how AT Training plans are developed and the importance of follow up training. Tips will be provided on how to incorporate technology in the class room and the development of digital content for students.

B-06 9-12 Curriculum Updates and Feedback

Leandra Bruijns

HTHS 305

Learning Specialist English Language Arts (5-12) EEC

General curriculum updates and information, an opportunity to provide feedback and ask questions.

CANCELLED

B-07 Guidance Strand Personal Wellness

Kelly Harris

HTHS 309

Learning Specialist

The session explores how a School Counsellors can support the Personal Wellness Curriculum. It will be walking through curriculum from a school counsellor lens to identify areas of support that can be provided to classroom teachers. The focus will be on the well-being of students while discussing sensitive topics.

B-08 The NBTF Group Insurance Plan

Dale Weldon

HTHS 105

General Manager, Johnson Inc.

Join Dale Weldon, Senior Consultant with Johnson Insurance, for a presentation summarizing the benefits for teachers covered under the NBTF Group Insurance Plan, the role of Johnson Insurance and tips for managing your employee benefit coverage. Ample time will be afforded for questions. **repeated in C-09**

B-09 So You are Thinking About Retirement: How to Plan for a Fulfilling Future

Andy Stewart

HTHS 217

EECD/NBTA Teacher Counsellor- ASD-N

Many people spend decades preparing financially for retirement, but little or no time planning for what their personal lives' will look like in their retirement years. In this session, we will look at important considerations when developing a personal plan for an enjoyable and satisfying retirement. We will also look at some of the first steps to take in developing your retirement plan. So come and plant your "GET A LIFE TREE" and see what grows. **repeated in D-06**



B-10 Tracking Language Learning Progress: There's an app for that!

Mallory Cunningham

HTHS 210

Teacher, Saint John High School

My Language Profile is a research-based digital portfolio for language learners to set goals, reflect on goals, provide evidence of learning, and receive consistent teacher feedback all with linguistic scaffolds in place. Join us as we look at the research that supports My Language Profile and how it can be used in the classroom. We will also share a demo from the administrator, teacher and student perspectives.

Participants should bring a laptop.

repeated in C-05 and D-02

B-11 Artificial Intelligence in the Classroom: Using AI to Support Learning

Sarah Rankin

HTHS 201

Learning Specialist - Educational Technology, EECD

Discover the transformative potential of AI as an 'Object-to-Think-With' in education. This session will explore research-based practices for integrating AI in the classroom. Topics discussed will include relevant AI tools, prompt engineering, AI ethics, and strategies for teacher and student use of AI. **Participants should bring a laptop.**

repeated in C-11 and D-11

B-12 Using NBVLC for Blended Learning

Heather Roxborough

HTHS 118

Learning Specialist Digital Learning Environments, EECD

Allen Steeves

Administrator, Online Learning Team

Are you an early career teacher? Are you teaching a new course or just looking for new resources or assessment ideas? There are over 60 fully-developed online high school courses across all grade levels and subject areas that you can access for free! All are aligned to NB curriculum and include lesson content and assessments. This session will provide an overview of the courses available, how you can access them as well as options for using them in your classroom with your students. Bring a laptop or tablet for some hands-on exploration during the session. **Participants should bring a laptop of tablet.**

repeated in C-13 and D-13

B-13 Empowering Educators: Maximizing Financial Literacy Instruction with The Centre of Excellence for Entrepreneurship and FCNB

Jill Shaw

HTHS 111

Learning Specialist, EECD

Lisa Legere

Education Coordinator, FCNB

Jill Shaw, Centre of Excellence Lead for Entrepreneurship, in partnership with Lisa Legere, Education Coordinator with the Financial and Consumer Services Commission (FCNB), have offered to provide a professional learning opportunity for teachers of GMF10, FW110, FW120, NBCC 208, and Foundations110. The session will include engaging activities, resources and knowledge to enhance your delivery of the Financial Literacy component of your course. **repeated in C-14 and D-14**

CANCELLED



B-14 Hopeful Transitions

Tricia Berry

HTHS 113

This session for school counsellors will provide an overview of a new Hopeful Transitions guide and tool that ensures each learner from Grades 6-12 is actively engaged in planning for postsecondary life. This practical session will provide school counsellors with resources and learning activities that will support Career Connected Learning as part of the new School Counselling Framework.

B-15 myBlueprint for Counsellors

myBlueprint Representatives

HTHS 311

myBlueprint follows a comprehensive education and career planning process that meets the learning needs, interests, and aspirations of all students. Participants in the session will learn how to leverage myBlueprint in the course selection process.

B-16 STRIVE

Maria Morehouse

HTHS Theare

Session description - not online

Phys. Ed. B Sessions Riverview East School

B-17 Battle Ship Using Tchouk Ball Rebounders & Some Unique Tag Games

Paul MacKinnon

Riverview East Gym 1

PE Teacher, Max Aitken Academy

Battleship with a creative twist! A great introduction to Tchoukball or to simply enhance your student's targeting skills. Split the class [cut off]. **Participants should wear sneakers, water and comfortable PE friendly clothes.**

B-18 Student Choice Warm Up and a Variety of K-5 Activities

Colin MacIsaac

Riverview East Gym 2

Physical Education Specialist, SPR, Connaught Street School

Participants will learn several of my student's favourite activities, and the student choice warm up that I have been using this year. I will need a gym and music for the session. I would like to offer this session 1 time, preferably in the second block of the day.

B-19 Models-Based Practices in PE

John (Mick) Gardiner

Riverview East Gym 3

PE Teacher, Hanwell Park Academy

This session will focus on models-based practices in PE. Types of models, their benefits, and how to approach choosing models to use with your classes. This is meant to be an information session and to allow for a discourse between the presenter and the participants.

repeated in C-19



B-20 Implementing a Bike Program at Your School

Chris MacLean

PE Teacher, Forest Hills School

Riverview East Field A

Everything you need to know about starting a bike program at your school. Information provided includes funding sources, storage suggestions, ideal locations, curriculum and safety guidelines along with many other problems and solutions you may run into when developing such a program.

B-21 Loosen Up! Myofascial Release Techniques for High School PE

Dylan Roach

Teacher, Harrison Trimble High School

Riverview East Class 1

The **[cut off] Participants should bring a journal (optional), comfy clothing & footwear to be active in, water bottle.** repeated in C-20

B-22 Engaging Girls in Physical Activity Spaces

Meghan Beland

Program Coordinator, Sport New Brunswick

Riverview East Class 2

She is Active NB, a subsidiary of Sport New Brunswick, will lead a session about engaging girls in physical activity. Current research shows that girls are dropping out of sport and recreation at higher rates than ever. As such, this presentation will look at ways teachers and administrators can support girls in physical activity spaces and minimize dropout rates.

Virtual B Sessions 10:30 - 11:30 am

BV-01 The Knowledge Gap: What Is It and How to Narrow It

Natalie Wexler

Keynote Speaker

Virtual

We hear a lot about the Science of Reading, but most of it focuses on problems with phonics instruction. That's important, but science tells us that if we want students to become fully literate, we need to change our approach to reading comprehension as well. Instead of test prep and drilling on skills like "finding the main idea," schools can engage kids in deep dives into topics, building the knowledge and analytical abilities that fuel comprehension—ideally as part of content-rich curriculum that also builds foundational reading skills. An increasing number of schools are doing just that, with promising results.

BV-02 Teacher Pension Information Session

Michael Butler

Director of Member Services and Benefits, NBTA

Virtual

This session will provide an overview of the Teachers' Pension Plan including contribution rates, retirement eligibility rules and pension calculations. There will be time provided for Q&A within the session.



BV-03 **EECD Introduction and Overview of the New PL Hub**

Nick Good
EECD

Virtual

Explore professional learning opportunities and resources from Anglophone School Districts, NBTA, EECD, AEI, and other educational partners. The PL Hub is designed to provide you with access to a wide range of professional learning opportunities, resources, and tools to help you enhance your professional practice. <https://plhub.nbed.ca/> **repeated in AV-01**

BV-04 **Course Selection in myBlueprint**

myBlueprint Representatives

Virtual

myBlueprint follows a comprehensive education and career planning process that meets the learning needs, interests, and aspirations of all students. Participants in the session will learn how to leverage myBlueprint in the course selection process.



Half Day Sessions - Afternoon 1:00 - 3:30 pm Harrison Trimble High School

CD-01 PIESchool

Christina Barrington, ARC Foundation & EECD

HTHS 313

PIESchool 2024 - Come and join us for SOGI 101, Curriculum Links, Policy and Procedures to support your 2SLGBTQIA+ students and families. This is designed for beginner allies and for those doing the work on the ground. Come along and join a growing network of educators seeking to make schools more affirming and safe than ever before! **Participants should bring a computer and handouts.**

CD-02 Soldering Solar Powered LED Lights (Current Generation Part 2)

Ian Fogarty

Riverview High School: meet at office doors

Teacher, Riverview High School / Brilliant Labs

Participants will solder circuit boards (PCBs) that will be sent to our global friends living in light poverty. This is ideal for the new Science 9 (Earth and Human Activity), Science 10 (Electric Circuits and Electrification) and Tech 9 (Design Thinking, Manipulation of Materials). While this is a stand alone activity, it is the natural next step following the ideation session in the morning held at RHS. **Participants may attend this half day session or as part of the whole day at Riverview High School.**

See session CD-02 for Part 1

CD-03 Forestry and Environmental Management Experiential Learning

Michelle Gray

HTHS 308

Outreach/Recruitment Team, Faculty of Forestry and Environmental Management, UNB

Jae Olgilvie

Teaching Professor/Assistant Dean, Faculty of Forestry and Environmental Management, UNB

During the half-day session, multiple stations will be set up, participants will learn different techniques for measuring and collecting environmental data related to forestry, water resource management, and wildlife conservation, through activities led by a representative from the ForEM Recruitment Team. We will break into smaller groups and participants will rotate through the stations. Within this session, we will provide an overview of the post-secondary degree programs that ForEM has to offer to graduating students. If you teach a science-related class, this is a perfect opportunity to explore our experiential learning and discover what the ForEM faculty has to offer. **Participants will need to wear weather-appropriate outdoor wear (ex: boots, rain jacket, sunscreen) and bring a water bottle/snack.**

CD-04 Managing Diversity Equity and Inclusion Today

Normand Hector

HTHS 220 Learning Commons

Are we moving in the right direction with DEI today? Do we still struggle with perhaps not addressing or saying the right thing? Let's remove the fear of understanding and learning more about this critical topic, that is now front in center in today's world.



CD-05 Setting Priorities for Learning: Educational Planning for Students Supported by PLP-INDs in High Schools

Sarah Coughlan & Nicole Turnbull

HTHS 107

Learning Specialists - Autism Learning Partnership

Learners who are supported by Individualized Personalized Learning Plans (PLP-IND) in high schools setting often have unique areas of strengths and weaknesses that require careful consideration for educational planning. As a high school EST, have you ever thought that there were so many learning objectives to target to help your student progress that you weren't sure where to start? If so, this workshop is for you! We will look at how to identify and set priorities to help manage the number of learning objectives, taking into account various factors, such as the student's long-term goals, their most pressing needs and prerequisite skills. **Participants should bring a fully-charged laptop and a pen.**

CD-06 From Burnout to Brilliance: Strategies for Educator Well-Being

Dr. Ashley Margeson

HTHS Theatre

Keynote Speaker

A workshop supporting educators in designing a burnout prevention strategy that actually works. Created for the New Brunswick Teacher's Association, Council Day 2024.

CD-07 Skilled Trades Exploration Collaboration and Networking

Sandy Phillips, Dave Patriquin & Justin MacCune

HTHS 307

This session is for teachers of STEI courses at the High School Level to collaborate and network. Please come with things to share (digitally) or questions for others. **Participants should bring materials to share (digitally). Laptop if they wish.**

CD-08 Teaching the Past, Shaping the Future: The Holocaust Education Exhibit

Jasmine Kranat

HTHS 214

Director, Atlantic Holocaust Education Foundation

Eric Church

Social Lead ASD-W

The Holocaust Education Exhibit is a pivotal educational tool, guiding students through Jewish identity, antisemitism history, the Holocaust, and the impact of Nazi propaganda. This session assists educators in preparing students for the exhibit, emphasizing education through testimony and the 'safely-in and safely-out' method. Educators gain insights into seamlessly integrating the exhibit's lessons into classrooms, fostering discussions, and creating a rich learning experience. The session equips educators with strategies for pre- and post-exhibit engagement, helping students prepare and facilitating reflective discussions afterward. It provides tools to incorporate Holocaust education into various subjects, ensuring a comprehensive, and cross-curricular educational journey. **Participants should bring a computer and/or something to write with.**



Divided C Session 1:00 - 2:00 pm Harrison Trimble High School

C-01 You are the Economy: Lessons and activities on finances, economics and geography

Adam Young

Education Specialist

Heather Montgomery

HTHS 204

Economics is for everyone! Join the Bank of Canada Museum to walk you through a new set of six lesson plans and try out some of the activities. The activities include budgeting simulations, economic comic strips, charts and graphs on the Canadian economy, a data tool to explore immigration and trade, investing debates and more. This workshop will build up your own comfort level in teaching economic concepts across the high school curriculum.

C-02 New Teacher Learning Community - NTLC

Craig Hutchings, Carolyn Janidlo, Wanda Jones, & Sean Shannahan

NTLC Team members

HTHS 101

Current administrators and new educators within the first 2 years of their career. Educators who are new to the New Brunswick education system regardless of contract, B, D, C, E, and LTS are all part of the NTLC.

C-03 Reignite: Building Resilience in the Age of Burnout

Jodi Carrington

Keynote Speaker

HTHS 211

Many organizations continue to witness the impact of burnout, with reduced morale, low productivity and a lack of innovation. Emotional exhaustion, a lack of compassion, and an experience of futility have become common experiences for many teams. Dr. Jody has begun walking hundreds of organizations through the process of reconnection to combat burnout and build mental resilience. She provides specific strategies to shift culture, bringing hilarity and truth while reigniting purpose and productivity with this game-changing talk.

C-04 Equity, Diversity, Inclusion and Accessibility Practices in trauma Informed Classrooms

Matthew Martin

BLMNB

HTHS 115

The trauma experienced by equity deserving groups has been felt for generations, and the intergenerational and transgenerational transmission of this trauma is affecting their educational outcomes, which is ultimately continuing the cycles of disparities faced by equity deserving groups. This Session will look at gaining a better understanding of Trauma Informed Care and how to better understand the effects of trauma on equity deserving groups and how to implement EDIA practices to foster an environment that acknowledges the trauma and creates space for these students to succeed and flourish.

repeated in D-04



C-05 Tracking Language Learning Progress: There's an app for that!

Mallory Cunningham

HTHS 210

Teacher, Saint John High School

My Language Profile is a research-based digital portfolio for language learners to set goals, reflect on goals, provide evidence of learning and receive consistent teacher feedback all within a digital scaffolded space. Join us as we look at the research that supports My Language Profile and how it can be used in the classroom. We will also share a demo from the administrator, teacher and student perspectives.

Participants should bring a laptop.

repeated in B-10 and D-02

C-06 Play Therapy

Mora MacDonald

HTHS 113

School Counsellor and Certified Play Therapist

Open to all curious teachers and administration. During this presentation you will experience what play therapy is, how it works, and discover some ways it may benefit the students in your classroom.

C-07 Intimate Partner Violence

Sgt. JP MacDougall

HTHS 112

RCMP

This session will explore intimate partner violence between youth from the perspective of RCMP.

C-08 Retire Rich , retire right

Dave Gorman

HTHS 114

Dave Gorman Financial Strategies

Avoid the mistakes so many Canadians make.

C-09 The NBTF Group Insurance Plan

Dale Weldon

HTHS 105

General Manager, Johnson Inc.

Join Dale Weldon, Senior Consultant with Johnson Insurance, for a presentation summarizing the benefits for teachers covered under the NBTF Group Insurance Plan, the role of Johnson Insurance and tips for managing your employee benefit coverage. Ample time will be afforded for questions.

repeated in C-09

C-10 APSEA Collaborative Counselling Services - Birth to Graduation

Janice MacPhail

HTHS 215

EST – School Counsellor, CTD, CCC, APSEA Counselling Services

Introduction to APSEA and their collaborative approach to counselling services in Anglophone sector schools across all levels. Participants will learn more about how the APSEA counsellor can work with them to ensure the design and implementation of counselling-related strategies that are proven effective at providing equitable access to counselling services for learners who are Deaf or hard of hearing.



C-11 Artificial Intelligence in the Classroom: Using AI to Support Learning

Sarah Rankin

HTHS 201

Learning Specialist - Educational Technology, EECD

Discover the transformative potential of AI as an 'Object-to-Think-With' in education. This session will explore research-based practices for integrating AI in the classroom. Topics discussed will include relevant AI tools, prompt engineering, AI ethics, and strategies for teacher and student use of AI. **Participants should bring a laptop.** **repeated in B-11 and D-11**

C-12 Post Graduation Gap Year: What Are the Options?

Michelle Dittmer

HTHS 118

CanGap <https://www.cangap.ca/>

Canadian Gap Year Association (CanGap) is an inclusive non-profit organization supporting families and students in making purposeful post-secondary decisions. They do this by introducing and providing resources to support an alternative, experiential opportunity known as a gap year. Students have options post-graduation and one of them is a Gap Year! Learn from Michelle Dittmer, from CanGap, about the benefits of promoting this option to your students. She will also discuss a new virtual course for students to plan and prepare for a gap year. **repeated in D-12**

C-13 Using NBVLC for Blended Learning

Heather Roxborough

HTHS 109

Learning Specialist Digital Learning Environments, EECD

Allen Steeves

Administrator, Online Learning Team

Are you an early career teacher? Are you teaching a new course or just looking for new resources or assessment ideas? There are over 60 fully-developed online high school courses across all grade levels and subject areas that you can access for free! All are aligned to NB curriculum and include lesson content and assessments. This session will provide an overview of the courses available, how you can access them as well as options for using them in your classroom with your students. Bring a laptop or tablet for some hands-on exploration during the session. **Participants should bring a laptop or tablet.** **repeated in B-12 and D-13**

C-14 Empowering Educators: Maximizing Financial Literacy Instruction with The Centre of Excellence for Entrepreneurship and FCNB

Jill Shaw

HTHS 111

Learning Specialist, EECD

Lisa Legere

Education Coordinator, FCNB

Jill Shaw, Centre of Excellence Lead for Entrepreneurship, in partnership with Lisa Legere, Education Coordinator with the Financial and Consumer Services Commission (FCNB), have offered to host a professional learning opportunity for teachers of GMF10, Fw110, Fw20, NRCC 103 and Foundations110. The session will include engaging activities, resources and knowledge to enhance your delivery of the Financial Literacy component of your course. **repeated in B-13 and D-14**

CANCELLED



C-15 Justice, Equity, Diversity & Inclusion in Education in NB

Nathaniel Fells

HTHS 212

ASD East - Justice, Equity, Diversity & Inclusion (JEDI) Lead

At this session participants will learn about the role of a JEDI at the district level. Nathaniel will share the specifics of how JEDI and Anti-Racism Leads/Coaches collaborate with schools, and each other provincially, to support school communities with this critical work in our system.

C-16 Inclusion and SEL

Mark Nicholson

HTHS 311

EECD School Mental Health, Sexual Orientation and Gender Identity

This session will focus on digging deeper into the social awareness skill competencies of SEL, including perspective taking, empathy, appreciating diversity, and respecting others. Mark will offer hands on activities to use in small groups or with individual students to support inclusion within your school environment.

C-17 Reconnecting for wellness!

Maria Morehouse

HTHS 217

Strategies for rebuilding a healthy relationship with food and body, including intuitive eating and movement. The power of reconnecting without restrictions. Highlighting the impact of diet culture on self-image and mental well-being, emphasizing the need to break free from unrealistic beauty standards and embrace self-compassion. You can have health, feel well and live a life without restriction!

Phys. Ed. B Sessions Riverview East School

C-18 Real World Computer Guide through Experiential Storytelling

Ian Smith

Riverview East Field A

Retired Parks NB Program Manager

The Real World Computer guide book introduces participants to NB nature through experiential activity and storytelling. Environmental stewardship is introduced and explored as a group. Come move, laugh and learn together! **repeated in A-12**

C-19 Models-Based Practices in PE

John (Mick) Gardiner

Riverview East Gym 3

PE Teacher, Hanwell Park Academy

This session will focus on models-based practices in PE. Types of models, their benefits, and how to approach choosing models to use with your classes. This is meant to be an information session and to allow for a discourse between the presenter and the participants. **repeated in B-19**



C-20 Loosen Up! Myofascial Release Techniques for High School PE

Dylan Roach

Riverview East Class 1

Teacher, Harrison Trimble High School

The **[cut off]** Participants should bring a journal (optional), comfy clothing & footwear to be active in, water bottle repeated in B-21

C-21 Educational Gymnastics

Anne McNally

Riverview East Gym 1

Teacher, Gibson Neill Memorial Elementary School

This session is on educational gymnastics. We will be learning how to teach foundational skills such as balance, strength, and coordination, through a gymnastics unit. You will be provided with example lessons, safety tips, and ideas for your gymnasium using low equipment. The main focus will be on balance aligning with NB Holistic PE Curriculum. **Participants should bring sneakers, or shoes participants can safely move and balance in.**

C-22 Capoeira

Renato Ribeiro

Riverview East Gym 2

Teacher, Fredericton Christian Academy

Capoeira is a Brazilian dancelike martial art and game which is performed to the accompaniment of call-and-response choral singing and percussive music, and it involves elements of dance and acrobatics.

Virtual C Sessions

1:00 - 2:00 pm

CV-01 L'importance de l'humour dans les écoles (session delivered in French only)

Hughie Batherson

Virtual

Keynote Speaker

L'Importance de l'humour dans les écoles, et surtout pendant les moments de stress! Hughie partage son vécu vis-à-vis l'insécurité et la sécurité linguistique. Il présentera des trucs de valorisation de la langue française. Il abordera le grand sujet de culture collective et individuelle. Hughie explique qu'en rendant la salle de classe un lieu positif où le rire est invité; cela raiera le stress et incitera les élèves à prendre des risques, et à moins avoir peur de s'exprimer! Il fait recours à ses observations tirées de sa recherche de Maîtrise (L'Humour dans la salle de classe et au travail). Il fait valoir l'impact d'une ambiance humoristique positive sur les individus à l'école. Hughie se sert de son expérience professionnelle plutôt bizarre (Professeur, Vice-recteur universitaire, humoriste) pour vous amener sur une aventure de bonheur!



CV-02 Fostering Psychological Safety: Building Stronger Educational Communities

Ardith Shirley

Executive Director, NBTA

Virtual

This session explores the profound impact of psychological safety within educational settings. In this interactive workshop, teachers and administrators will delve into the principles, strategies, and practices necessary to cultivate environments where all members feel safe to take risks, express themselves authentically, and collaborate effectively. Through interactive discussions, case studies, and experiential activities, participants will gain a deeper understanding of psychological safety's role in fostering creativity, innovation, and resilience among students and staff alike. Practical techniques for nurturing trust, promoting open communication, and addressing conflicts constructively will be shared, empowering educators to create inclusive and supportive learning communities where everyone thrives. Whether you're a seasoned educator or an early career teacher, this session offers valuable insights and tools to enhance your ability to cultivate psychological safety and unlock the full potential of your educational community.

CV-03 Fetal Alcohol Spectrum Disorder 101

Courtney Fournier and Jillian Nason

Aboriginal Liaisons with NB FASD Centre of Excellence

Virtual

FASD 101 provides an overview of how fetal alcohol spectrum disorder occurs, its prevalence in this province, common symptoms associated with an FASD diagnosis, and strategies that can help! This presentation will clear up some common myths about FASD, provide information on how to make a referral to the NB FASD Centre of Excellence, and start a conversation on how you can get involved and spread awareness on FASD. **repeated in DV-03**

CV-04 Inclusion and Social Emotional Learning (SEL)

Mark Nicholson

EECD School Mental Health, Sexual Orientation and Gender Identity

Virtual

This session will focus on digging deeper into the social awareness skill competencies of SEL, including perspective taking, empathy, appreciating diversity, and respecting others. Mark will offer hands on activities for counsellors to use in small groups or with individual students to support inclusion within your school environment.



Divided D Sessions 2:30 - 3:30 pm Harrison Trimble High School

D-01 Nuclear Technology - An overview of Point Lepreau and Small Modular Reactors

Warren Coombs

HTHS 229

Lead for the Centre of Excellence for Energy

Join the Centre of Excellence for Energy and our partners at NB Power and ARC Clean Technology to give an overview of nuclear energy in New Brunswick and the development of Small Modular Reactors. This session will provide an excellent knowledge base for teachers of Science 10 and local relevance of nuclear technology that operates right here in New Brunswick.

D-02 Tracking Language Learning Progress: There's an app for that!

Mallory Cunningham

HTHS 210

Teacher, Saint John High School

My Language Profile is a research-based digital portfolio for language learners to set goals, reflect on goals, provide evidence of learning, and receive consistent teacher feedback all with linguistic scaffolds in place. Join us as we look at the research that supports My Language Profile and how it can be used in the classroom. We will also share a demo from the administrator, teacher and student perspectives.

Participants should bring a laptop.

repeated in B-10 and C-05

D-03 Equity, Diversity, Inclusion and Accessibility Practices in trauma Informed Classrooms

Matthew Martin

HTHS 115

BLMNB

The trauma experienced by equity deserving groups has been felt for generations, and the intergenerational and transgenerational transmission of this trauma is affecting their educational outcomes, which is ultimately continuing the cycles of disparities faced by equity deserving groups. This Session will look at gaining a better understanding of Trauma Informed Care and how to better understand the effects of trauma on equity deserving groups and how to implement EDIA practices to foster an environment that acknowledges the trauma and creates space for these students to succeed and flourish.

repeated in C-04

CANCELLED



D-04 ICT Resources and Training courses for teachers and HS students -Partnership with EECD NB

Claire Ephestion

HTHS 101

Program Manager - Cisco Networking Academy

The New Brunswick EECD and Cisco NetAcad have partnered to expose high school students to cybersecurity education and train the next generation of IT professionals. A project has been launched to help close the gap on nation-wide cyber skills shortage leveraging Networking Academy curriculum, targeting both English and French speaking high schools in New Brunswick. This session will present the multiple resources and ICT training courses available to NB HS teachers. Cisco provide a free and unlimited access to the learning platforms www.netacad.com and www.skillsforall.com. In 25 years, this program has served 20.5 million students in 190 countries.

D-05 So You are Thinking About Retirement: How to Plan for a Fulfilling Future

Andy Stewart

HTHS 217

EECD/NBTA Teacher Counsellor- ASD-N

Many people spend decades preparing financially for retirement, but little or no time planning for what their personal lives' will look like in their retirement years. In this session, we will look at important considerations when developing a personal plan for an enjoyable and satisfying retirement. We will also look at some of the first steps to take in developing your retirement plan. So come and plant your "GET A LIFE TREE" and see what grows.

repeated in B-10

D-06 Course Selection in myBlueprint myBlueprint Representative

HTHS 118

This session is part of the School Counsellor Track, which is focused on the four scopes of practice for school counsellors in New Brunswick: Mental Health, Social-Emotional Learning, Academic, and Career-Connected Learning. myBlueprint follows a comprehensive education and career planning process that meets the learning needs, interests, and aspirations of all students. Participants in the session will learn how to leverage myBlueprint in the course selection process.

D-07 High School Changes and Scheduling

Andrew Culberson

HTHS 303

This session is an opportunity to network and share how schools are scheduling using the updated high school programming changes that were implemented this past year. Please bring along your great ideas in this collaborative session.

D-09 New Brunswick International Student Program

Chris West

HTHS 312

Presenter Bio

Session description - not online



D-10 Personal Wellness

Kelly Harris

HTHS 318

Learn about the updates to personal wellness curriculum and how to support this as a counsellor.

D-11 Artificial Intelligence in the Classroom: Using AI to Support Learning

Sarah Rankin

HTHS 201

Learning Specialist - Educational Technology, EECD

Discover the transformative potential of AI as an 'Object-to-Think-With' in education. This session will explore research-based practices for integrating AI in the classroom. Topics discussed will include relevant AI tools, prompt engineering, AI ethics, and strategies for teacher and student use of AI. **Participants should bring a laptop. repeated in B-12 and C-11**

D-12 Post Graduation Gap Year: What Are the Options?

Michelle Dittmer

HTHS 311

CanGap <https://www.cangap.ca/>

Canadian Gap Year Association (CanGap) is an inclusive non-profit organization supporting families and students in making purposeful post-secondary decisions. They do this by introducing and providing resources to support an alternative, experiential opportunity known as a gap year. Students have options post-graduation and one of them is a Gap Year! Learn from Michelle Dittmer, from CanGap, about the benefits of promoting this option to your students. She will also discuss a new virtual course for students to plan and prepare for a gap year. **repeated in C-12**

D-13 Using NBVLC for Blended Learning

Heather Roxborough

HTHS 109

Learning Specialist Digital Learning Environments, EECD

Allen Steeves

Administrator, Online Learning Team

Are you an early career teacher? Are you teaching a new course or just looking for new resources or assessment ideas? There are over 60 fully-developed online high school courses across all grade levels and subject areas that you can access for free! All are aligned to NB curriculum and include lesson content and assessments. This session will provide an overview of the courses available, how you can access them as well as options for using them in your classroom with your students. Bring a laptop or tablet for some hands-on exploration during the session. **Participants should bring a laptop of tablet. repeated in B-13 and C-13**



D-14 Empowering Educators: Maximizing Financial Literacy Instruction with The Centre of Excellence for Entrepreneurship and FCNB

Jill Shaw

Learning Specialist, EECD

Lisa Legere

Education Coordinator, FCNB

HTHS 111

Jill Shaw, Centre of Excellence Lead for Entrepreneurship, in partnership with Lisa Legere, Education Coordinator with the Financial and Consumer Services Commission (FCNB), have offered to host a professional learning opportunity for teachers of GMF10, FW110, FW120, NBCC1208 and Foundations110. The session will include engaging activities, resources and knowledge to enhance your delivery of the Financial Literacy component of your course. **repeated in B-14 and C-14**

Virtual D Sessions 2:30 - 3:30 pm

DV-01 Unlearning: A Practical Guide to Great Leadership

Drew Dudley

Keynote Speaker

Virtual

Called one of the most dynamic speakers in the world, Drew Dudley is on a mission to help people unlearn some dangerous lessons about leadership. Drew is the bestselling author of *This is Day One: A Practical Guide to Leadership That Matters*. It debuted at number six on the Wall Street Journal best-seller list. His passion for personal leadership has inspired millions of people worldwide to embrace the belief that leadership is something we can and should aspire to.

DV-02 Post Graduation Gap Year: What Are the Options?

Michelle Dittmer

CanGap <https://www.cangap.ca/>

Virtual

Canadian Gap Year Association (CanGap) is an inclusive non-profit organization supporting families and students in making purposeful post-secondary decisions. They do this by introducing and providing resources to support an alternative, experiential opportunity known as a gap year. Students have options post-graduation and one of them is a Gap Year! Learn from Michelle Dittmer, from CanGap, about the benefits of promoting this option to your students. She will also discuss a new virtual course for students to plan and prepare for a gap year.



DV-03 Fetal Alcohol Spectrum Disorder 101

Courtney Fournier and Jillian Nason

Virtual

Aboriginal Liaisons with NB FASD Centre of Excellence

FASD 101 provides an overview of how fetal alcohol spectrum disorder occurs, its prevalence in this province, common symptoms associated with an FASD diagnosis, and strategies that can help! This presentation will clear up some common myths about FASD, provide information on how to make a referral to the NB FASD Centre of Excellence, and start a conversation on how you can get involved and spread awareness on FASD.

repeated in CV-03



NBTA High School Council Executive Committee

President/Program Committee	Peter Woytiuk
Vice-President/Award Chair	Sheridan Mawhinney
Treasurer	Andrew Champion
Secretary	Mark Lobban
Communications	Jake Estabrooks
Program Chair	Martina Shannon
Program Committee	Tyler Green
Program Committee/On-site Lead	Megan Crosby
Institutes	Alice Walker
ELWE Rep	Karrie Harris
Member at Large	Michelle Perry
Member at Large	Tracey Dale

Host Hotel

You are now welcome to book rooms within the block by calling **506-852-9600** and providing the code **TW1** for the special rate.

You are able to call and receive this rate up until **April 2nd, 2024**.